

9/8/09 DANA Mtg Minutes

Mike Wenger and Amanda Haag came to speak to the group about drug abuse. The audience was small so they will try to come back next month.

They did leave a resource guide with many web sites to educate on drug abuse.

(Attached) They also handed out an over the counter medication abuse sheet (Attached.) They did mention that people should be aware of people that want to come to your home and use your restroom. Some people are doing this and then taking part of the medicine out of prescription drug bottles and then they sell or use them.

Skip Moore who is running for City Council –the at large seat. He spoke about his support from the labor unions. His resume is attached.

We discussed the summer street repairs. They have improved the look of the neighborhood.

The organizations bylaw updates were handed out and will be discussed next month.

Next month Randy Rippenberger from the Polk Co. Assessor's Office will be speaking.

Dawn Stargel  
Secretary  
DANA



## ***PRESCRIPTION AND OVER-THE-COUNTER MEDICATION ABUSE FACT SHEET***

**More teens abuse prescription drugs than any illicit drug except marijuana,  
more than cocaine, heroin, and methamphetamine combined**

**There are as many new abusers 12 years of age and older of prescription drugs  
as there are for marijuana**

**In 2006, more than 2.1 million teens abused prescription drugs**

**1/3 of all new abusers of prescription drugs were 12 to 17 year olds and  
prescription drugs are the drug of choice among 12 to 13 year olds**

**The majority of teens (56%) agree that prescription drugs are easier than illicit  
drugs to get and 70% of teens that have abused pain relievers say they got them  
from friends or relatives**

**More than 3 in 5 teens say prescription pain relievers are easy to get from  
parents' medicine cabinets and half of all teens say they are easy to get through  
other people's medicine cabinets**

**Teens are abusing prescription drugs because many believe that these drugs  
provide a "safe" high and 21% of teens believe that parents "don't care as much  
if you get caught" abusing prescription drugs**

**There has been a dramatic increase in the number of poisonings and even deaths  
associated with the abuse of prescription and OTC drugs**

**Treatment admissions of teens from abuse of prescription pain relievers has  
grown more than 300%**

**May parents are not aware of teen prescription drug abuse and the fact that they  
are in a unique position to immediately reduce teen access to prescription drugs.**

**Parents are a third less likely to discuss the risks of prescription and OTC drug  
abuse than they are to discuss the risks of street drugs like heroin or cocaine,  
even though teens are far less likely to use these substances**

**Research shows youth (12-17) whose parents express strong disapproval of drug  
use are far less likely to engage in substance use**

**Many school policies do not specifically address the problem of prescription and  
OTC drug abuse**

All statistics compiled from the January 2008, *Prescription for Danger, A Report on the Troubling Trend of  
Prescription and Over-the-Counter Drug Abuse Among the Nation's Teens* from the Office of National  
Drug Control Policy



## *Prescription Drug Abuse* **RESOURCE GUIDE**

Office of National Drug Control Policy's National Youth  
Anti-Drug Media Campaign

[www.TheAntiDrug.com](http://www.TheAntiDrug.com)

[www.WhiteHouseDrugPolicy.gov](http://www.WhiteHouseDrugPolicy.gov)

Community Anti-Drug Coalitions of America

[www.cadca.org](http://www.cadca.org)

National Institute on Drug Abuse

[www.nida.nih.gov](http://www.nida.nih.gov)

[www.drugabuse.gov](http://www.drugabuse.gov)

Substance Abuse and Mental Health Services Administration  
(SAMHSA)

National Clearinghouse for Alcohol & Drug Information

<http://ncadistore.samhsa.gov>

SAMHSA's A Family Guide to Keeping Youth Mentally Healthy  
and Drug-Free

[www.family.samhsa.gov](http://www.family.samhsa.gov)

SAMHSA's Prevent Prescription Drug Abuse

[www.samhsa.gov/rxsafety](http://www.samhsa.gov/rxsafety)

Above the Influence

[www.AbovetheInfluence.com](http://www.AbovetheInfluence.com)

U.S. Drug Enforcement Administration (DEA)

[www.dea.gov](http://www.dea.gov)

DEA's Office of Diversion Control

[www.DEAdiversion.usdoj.gov](http://www.DEAdiversion.usdoj.gov)

DEA's Teen Website

[www.justthinktwice.com](http://www.justthinktwice.com)

Partnership for Drug-Free America

[www.drugfree.org](http://www.drugfree.org)

White House Office of National Drug Control Policy

[www.mediacampaign.org/parent\\_chronicles/index.html](http://www.mediacampaign.org/parent_chronicles/index.html)

[www.freevibe.com](http://www.freevibe.com)

Community Anti-Drug Coalitions of America

[www.doseofprevention.org](http://www.doseofprevention.org)

[www.fivemoms.com](http://www.fivemoms.com)

D.A.R.E.

[www.dare.com](http://www.dare.com)

Families Changing America

[www.familieschangingamerica.org](http://www.familieschangingamerica.org)

Monitoring the Future Study

[www.monitoringthefuture.org](http://www.monitoringthefuture.org)

U.S. Department of Justice, National Drug Intelligence Center

[www.usdoj.gov/ndic](http://www.usdoj.gov/ndic)

National Institute of Drug Abuse (NIDA)

[www.nida.nih.gov](http://www.nida.nih.gov)

NIDA's teen page

[www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)

Food and Drug Administration drug information

[www.fda.gov/cder/offices/ddi](http://www.fda.gov/cder/offices/ddi)

National Institutes of Health's Library of Medicine

[www.medlineplus.gov](http://www.medlineplus.gov)

Drug info in Spanish

[www.medlineplus.gov/spanish](http://www.medlineplus.gov/spanish)

Iowa Substance Abuse Information Center

[www.drugfreeinfo.org](http://www.drugfreeinfo.org)

State of Iowa, Office of Drug Control Policy

[www.iowa.gov/odcp](http://www.iowa.gov/odcp)

[www.takeadoseoftruth.com](http://www.takeadoseoftruth.com)

NEW



# Moore for City Council

## Skip Moore Bio

**Age:** 55

**Employment:** City of Des Moines – 34 years

**Current Position:** Municipal Arborist

**Union Affiliation:** Municipal Laborers Local 353

### **Professional Affiliations:**

- Charter Member of Iowa Arborists Association
- Member of the International Society of Arboriculture
- Member of the Mid-Western Chapter of the International Society of Arboriculture
- Member of the Municipal Arborists Association
- Vice Chair of the City of Des Moines Supervisory, Professional and Management Board

Elected to the Logan Citizen Services Task Force 1988

Elected to the Des Moines Action Board 1988

Elected Chair of the Logan Citizens Task Force 1990-1995

Elected Chair of the Des Moines Action Board 1994-1996

Chair of the East University Beautification Committee 1991-1994

Elected spokesperson for the Second Police Citizens Academy 1993

Appointed to the Flood Housing Consortium 1993-1994

Charter Member and Chair of NorthEast Neighbors 2005-2006

Elected President of Iowa Street Rod and Custom Association 2007/08/09

### **Awards:**

- Trees Forever Professional of the Year 2007
- Trees Forever Partner of the Year 2009
- Des Moines Neighbors City Employee of the Year 2009

**Moore for City Council • 3822 E. 28th St. • Des Moines, Iowa 50317  
729-2926 • email: Moore4council@aol.com**

**Paid for by Moore for City Council**

**DOUGLAS ACRES NEIGHBORHOOD ASSOCIATION  
BYLAWS**

**AMENDMENTS PROPOSED TO THE MEMBERS  
SEPTEMBER 8, 2009**

## AMENDMENT 1

**Amend Bylaw 2.2 by striking the following language:**

**Bylaw 2.2 Status.**

The Association is a nonprofit corporation incorporated under the laws of the State of Iowa on January 9, 2008.

**and inserting the following language:**

**Bylaw 2.2 Status.**

(1) The Association is a neighborhood association granted recognized status by the City of Des Moines on April 21, 1997.

(2) The Association is a nonprofit corporation incorporated under the laws of the State of Iowa on January 9, 2008.

***Explanation***

*Bylaw 2.2 is rewritten to include the statement that the Association was recognized by the City of Des Moines.*

## AMENDMENT 2

**Amend Bylaw 3.2 by striking the following language:**

**Bylaw 3.2 Additional areas.**

The Douglas Acres Neighborhood shall include the area designated as the Grandview Estates Mobile Home Community and the area designated as the Stover Mobile Home Community on the map of the City of Des Moines.

**and inserting the following language:**

**Bylaw 3.2 Additional areas.** Adopted effective February 11, 2008; Stricken effective \_\_\_\_\_, 2009.

***Explanation***

*Bylaw 3.2 is stricken to avoid confusion as to the territory included in the Douglas Acres Neighborhood. The areas specified in Bylaw 3.2 are within the boundaries specified in Bylaw 3.1 and do not need to be separately designated. This revision was suggested by staff of the City of Des Moines.*

## AMENDMENT 3

**Amend Bylaw 11.1 by striking the following language:**

**Bylaw 11.1 Voting.**

The Association may be dissolved by the affirmative vote of two-thirds of all members of the Association.



and inserting the following language

**Bylaw 11.1 Procedure for dissolution.**

The Association may be dissolved as provided in the Revised Iowa Nonprofit Corporation Act, Iowa Code §504.1402 (2009).

***Explanation***

*Bylaw 11.1 is rewritten to change the procedure for the dissolution of the Association. The achievement of an affirmative vote of two-thirds of all members is impossible because the membership includes nearly every adult person living or owning property in the Douglas Acres neighborhood. The provision of state law that is adopted by reference in the rewritten version is a more feasible procedure for dissolution.*

**AMENDMENT 4**

Amend Bylaw 13.1 by striking the following language:

**Bylaw 13.1 Officers.**

The persons who were elected as the chairperson, vice chairperson, secretary, and treasurer of the Association at the meeting of members held on January 8, 2008, prior to the effective date of the incorporation of the Association as a nonprofit corporation under the laws of the State of Iowa (January 9, 2008), shall continue in office as the president, vice president, secretary, and treasurer of the Association respectively beginning on the effective date of the incorporation of the Association as a nonprofit corporation (January 9, 2008) and ending upon the adjournment of the annual meeting held in January 2009 or until a successor is elected and qualified. A vacancy in the office of the president, vice president, secretary, or treasurer that occurs on or after the effective date of the incorporation of the Association (January 9, 2008) and before the date of the annual meeting in January 2009, shall be filled as provided in Bylaw 8.1.

and inserting the following language:

**Bylaw 13.1 Officers.** Adopted effective February 11, 2008; Stricken effective \_\_\_\_ \_\_, 2009.

***Explanation***

*Bylaw 13.1 is stricken because the transition of the Association to a nonprofit corporation is complete. The Bylaw is no longer needed.*

**AMENDMENT 5**

Amend Bylaw 13.2 by striking the following language:

**Bylaw 13.2 Steering committee.**

The steering committee as it existed on or prior to the effective date of the incorporation of the Association (January 9, 2008) is hereby abolished.

**and inserting the following language**

Bylaw 13.2 Steering committee. Adopted effective February 11, 2008; Stricken effective \_\_\_\_ \_\_, 2009.

***Explanation***

*Bylaw 13.2 is stricken because the transition of the Association to a nonprofit corporation is complete. The Bylaw is no longer needed.*

**AMENDMENT 6**

**Amend Bylaw 13.3 by striking the following language:**

**Bylaw 13.3 Bylaws.**

The bylaws adopted by the Association, the steering committee of the Association, or the members of the Association before January 9, 2008, are hereby declared to be void and unenforceable.

**and inserting the following language:**

Bylaw 13.3 Bylaws. Adopted effective February 11, 2008; Stricken effective \_\_\_\_ \_\_, 2009.

***Explanation***

*Bylaw 13.3 is stricken because the transition of the Association to a nonprofit corporation is complete. The Bylaw is no longer needed.*

**AMENDMENT 7**

**Amend Bylaw 13.4 by striking the following language:**

**Bylaw 13.4 Dues.**

Dues at the rate of \$5.00 per member per year and \$10.00 per business per year as established by the Association before January 9, 2008, shall continue in effect until changed as provided in Bylaw 10.1.

**and inserting the following language:**

Bylaw 13.4 Dues. Adopted effective February 11, 2008; Stricken effective \_\_\_\_ \_\_, 2009.

***Explanation***

*Bylaw 13.4 is stricken because the transition of the Association to a nonprofit corporation is complete. The Bylaw is no longer needed.*